

Single Organ System Exams

Content and Documentation Requirements

Level of Exam	Perform and Document
Problem Focused	1 to 5 elements identified by a bullet.
Expanded Problem Focused	At least 6 elements identified by a bullet.
Detailed	At least 12 elements identified by a bullet.
Comprehensive	Document every element under constitutional and gastrointestinal , 7 of the 11 elements under genitourinary , and at least 1 element in each unbolded system/body area

Genitourinary	
System/Body Area	Elements of Examination
Constitutional	<ul style="list-style-type: none"> • Measurement of <i>any three of the following seven vital signs</i>: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) • General appearance of patient e.g. <i>development, nutrition, body habitus, deformities, attention to grooming</i>
Neck	<ul style="list-style-type: none"> • Examination of neck e.g. <i>masses, overall appearance, symmetry, tracheal position, crepitus</i> • Examination of thyroid e.g. <i>enlargement, tenderness, mass</i>
Respiratory	<ul style="list-style-type: none"> • Assessment of respiratory effort e.g. <i>intercostal retractions, use of accessory muscles, diaphragmatic movement</i> • Auscultation of lungs e.g. <i>breath sounds, adventitious sounds, rubs</i>
Cardiovascular	<ul style="list-style-type: none"> • Auscultation of heart with notation of abnormal sounds and murmurs • Examination of peripheral vascular system by observation e.g. <i>swelling, varicosities</i> and palpation e.g. <i>pulses, temperature, edema, tenderness</i>
Chest (breasts)	<i>See genitourinary (female)</i>
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> • Examination of abdomen with notation of presence of masses or tenderness • Examination for presence or absence of hernia • Examination of liver and spleen • Obtain stool sample for occult blood test when indicated
Genitourinary (male)	<ul style="list-style-type: none"> • Inspection of anus and perineum <p>Examination (with or without specimen collection for smears and cultures) of genitalia including:</p> <ul style="list-style-type: none"> • Scrotum e.g. <i>lesions, cysts, rashes</i> • Epididymides e.g. <i>size, symmetry, masses</i> • Testes e.g. <i>size, symmetry, masses</i> • Urethral meatus e.g. <i>size, location, lesions, discharge</i> • Penis e.g. <i>lesions, presence or absence of foreskin, foreskin retractability, plaque, masses, scarring, deformities</i> <p>Digital rectal examination including:</p> <ul style="list-style-type: none"> • Prostate gland e.g. <i>size, symmetry, nodularity, tenderness</i> • Seminal vesicles e.g. <i>symmetry, tenderness, masses, enlargement</i> • Sphincter tone, presence of hemorrhoids, rectal masses

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Genitourinary (female)	<p>Includes <i>at least seven of the following eleven</i> elements identified by bullets:</p> <ul style="list-style-type: none"> • Inspection and palpation of breasts e.g. <i>masses or lumps, tenderness, symmetry, nipple discharge</i> • Digital rectal examination including sphincter tone, presence of hemorrhoids, rectal masses <p>Pelvic examination (with or without specimen collection for smears and cultures) including:</p> <ul style="list-style-type: none"> • External genitalia e.g. <i>general appearance, hair distribution, lesions</i> • Urethral meatus e.g. <i>size, location, lesions, prolapse</i> • Urethra e.g. <i>masses, tenderness, scarring</i> • Bladder e.g. <i>fullness, masses, tenderness</i> • Vagina e.g. <i>general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele</i> • Cervix e.g. <i>general appearance, lesions, discharge</i> • Uterus e.g. <i>size, contour, position, mobility, tenderness, consistency, descent or support</i> • Adnexa/parametria e.g. <i>masses, tenderness, organomegaly, nodularity</i> • Anus and perineum
Lymphatic	<ul style="list-style-type: none"> • Palpation of lymph nodes in neck, axillae, groin and/or other location
Skin	<ul style="list-style-type: none"> • Inspection and/or palpation of skin and subcutaneous tissue e.g. <i>rashes, lesions, ulcers</i>
Neurological/Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> • Orientation e.g. <i>time, place and person</i> • Mood and affect e.g. <i>depression, anxiety, agitation</i>